

## NEW MILFORD HIGH SCHOOL 2011 COLOR GUARD SCHEDULE

Things to bring for rehearsal  
 - Towel/Yoga Mat: to stretch on  
 - Plenty of water  
 - Sneakers WITH ARCHES  
 - Comfortable Clothing  
 - Sunblock/Hat  
 - Hair Elastics

Don't Forget  
 - No black clothing  
 - No loose clothing  
 - No pants below the ankle  
 (capris/shorts/pants rolled up)  
 - No Jeans  
 - Hair tied back and away from face

**SPECIAL NOTE:**

Looking to fill 4 spots on the team before band camp. Anyone interested please contact [ssoni.nmhs@yahoo.com](mailto:ssoni.nmhs@yahoo.com) for more information. No experience necessary. Both female and male are welcome!

Tuesdays & Thursdays  
 Summer Training 5pm-8pm  
 New Milford High School

7/30: Guard Camp 10am-6pm

JULY 2011						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

**AUGUST 2011**

S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

8/2, 8/4, 8/9, 8/11: Rehearsal 5pm-8pm

8/15-8/19: MANDATORY CAMP  
 8am-8pm (8am-12pm, 1pm-4pm, 5pm-8pm each day)

8/23-8/25: MANDATORY CAMP  
 4pm-8pm

8/30: Rehearsal 5pm-8pm

**FALL Season Schedule: Tuesday & Thursday rehearsals, 5pm-8pm and Saturday rehearsals, 10am**

9/10: USSBA Danbury Show  
 9/16: Football Game 5:30pm  
 9/17: USSBA McMahon Show  
 9/24: USSBA Newtown Show  
 9/30: Football Game 5:30pm

SEPTEMBER 2011						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

**OCTOBER 2011**

S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

**FALL Season Schedule: Tuesday & Thursday rehearsals, 5pm-8pm and Saturday rehearsals, 10am**

10/8: HOME SHOW  
 10/22: USSBA Stamford Show  
 10/28: Football Game 5:30pm  
 10/29: USSBA Bunnell Show

**FALL Season Schedule: Tuesday & Thursday rehearsals, 5pm-8pm and Saturday rehearsals, 10am**

11/4: Football Game 5:30pm  
 11/5: New England State Championships, Bridgeport – CT  
 11/22: 1<sup>st</sup> Winter Guard Rehearsal, 6pm-9pm, Sarah Noble Cafeteria  
 11/24: Football Game 8:30am  
 11/29: WG Rehearsal, 6pm-9pm

NOVEMBER 2011						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

**DECEMBER 2011**

S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

**WINTER Season Schedule: Tuesday & Thursday rehearsals, 6pm-9pm and Sat rehearsals, 10am**

12/3 & 12/4: MANDATORY CAMP  
 Saturday 9am-8pm, Sunday 12pm-6pm  
 12/10 & 12/11: MANDATORY CAMP  
 Saturday 9am-8pm, Sunday 12pm-6pm

We are a very punctual team! Please remember the following...

To be early is to be on time, to be on time is to be late, to be late is to be...

Conditioning and stretching begin 15 minutes before every rehearsal. Please situate rides/carpools accordingly.

Thank you,  
 Seema Soni  
 NMHS Guard Director  
[ssoni.nmhs@yahoo.com](mailto:ssoni.nmhs@yahoo.com)